BABY PROOFING CHECKLIST

LIVING SPACE

- ANCHOR FURNITURE TO WALL
- ANCHOR TV
- REMOVE TABLECLOTHS
- MOVE UNSTABLE FLOOR LAMPS
- COVER SHARP CORNERS + EDGES
- RESTRICT FIREPLACE ACCESS
- MOVE BREAKABLES
- MOVE BLIND + CURTAIN CORDS
- COVER ELECTRICAL OUTLETS
- MOVE DANGLING ELECTRIC CORDS
- PINCH GUARDS ON DOORS

STAIRS + FALLS

- GATES TOP + BOTTOM OF STAIRS
- FURNITURE AWAY FROM RAILINGS
- COVER RAILINGS OVER 3-3.5” APART
- PUT NON-SLIP PADS UNDER RUGS
- INSTALL WINDOW GUARDS
- RESTRICT EXERCISE EQUIP. ACCESS

TOXINS

- MEDICATIONS OUT OF REACH
- ALCOHOL OUT OF REACH
- COSMETICS OUT OF REACH
- REMOVE TOXIC HOUSEPLANTS
- LEAD PAINT TEST (OLDER HOUSE)

NOTES

BABY PROOFING CHECKLIST

KITCHEN

- INSTALL DRAWER + CABINET LOCKS
- LIMIT ACCESS TO STOVE + OVEN
- POT/PAN HANDLES TURNED IN
- LOCK FRIDGE AND FREEZER DOORS
- TRASH CANS OUT OF REACH

BATHROOM

- INSTALL TOILET LOCK
- HOT WATER HEATER TO 120F/48C
- BATHTUB FAUCET COVER

OUT OF REACH FOR CHOKING

- PLASTIC BAGS + BALLOONS
- LAUNDRY PODS + BOTTLE CAPS
- DOOR STOPPER CAPS+ COINS
- SMALL MAGNETS + BATTERIES
- LITTER BOXES + PET FOOD/WATER

RESTRICT ACCESS

- POOL, PONDS + HOT TUBS
- KNOB COVERS OFF-LIMITS AREAS
- GUNS IN LOCKED CASE

MISCELLANEOUS

- DISCUSS SAFETY W/ OLDER SIBLINGS
- CHECK SMOKE + CO2 DETECT BATTERIES
- POST NUMBERS FOR PEDIATRICIAN + POISON CONTROL

NOTES